

Maze Game

Facilitators Instructions:

Materials at your station:

- Clipboards that have the coaching guide, pens.
 - Participant instructions for individuals running through the maze.
 - 1 Tarp with tiles
1. Gather everyone together and tell them that we will be running through the exercise twice so each person can coach. For the first round half of the group will need to run the exercise while the other half coaches.
 2. Once everyone has decided what role they will play give the people observing the coaching guide and explain to them:
 - a. You will be watching the team perform the exercise and documenting what you see using the coaching guide.
 - b. After the exercise is complete you will pair up with one of the people that performed the exercise and coach them based off of what you observed and documented on the coaching guide.
 3. After the coaches understand their roles distribute the maze instructions to the people that will be running through the maze and tell people that they have 7 minutes to plan. The coaches will be listening to your planning session.
 4. After the 7 minutes is over. The team will run through the maze and you will be the referee. Start the clock and keep running time until the last team member has traversed the maze. Use the rules page to help you ref.
 5. After the team completes the maze ask the observers to spend a few minutes completing the form and have them pair up with someone that performed the maze.
 6. The pair will spend 5 minutes coaching.

Round 2:

1. People will reverse roles. The people that observed will now be charged with going through the maze.
2. Provide the coaches with the coaching guide and distribute the instructions to the people that will be running through the maze. Tell everyone that they have 7 minutes to plan.

3. After the 7 minutes is over bring the team together again and tell them there is one more rule, "You cannot talk during the exercise".
4. Begin the maze.
5. After the team completes the maze ask the observers to spend a few minutes completing the form and have them pair up with someone that performed the maze.
6. The pair will spend 5 minutes coaching.
7. When everyone is done everyone will return to their seats and we will debrief the exercise together.

What To Look For As The Referee

Things you should know:

- All rule violations are up to the interpretation of the referee and must be abided
- Once a team member traverses the maze successfully, they must stay on the finish side of the maze for the duration of the exercise.
- Team members may go in any order, one at a time, except no team member may go twice in succession (unless all other team members have traversed successfully)
- The referee will start the clock and keep running time until the last team member has traversed the maze.

Your job is to tell the participants when they step on a “toxic” square and to ask participants to leave the maze if any of the following occur:

- Participants can step in only one square at a time.
- Participants cannot have two feet in two different squares at the same time.
- Participants can only proceed to an adjacent square. Stepping to a diagonal square is prohibited.
- If a participant steps in a legitimate square, the referee will remain silent.
- If a team member steps in a toxic square, the referee will say “toxic” and the participant must exit the maze.
- Only one team member may be in the maze at one time.
- No objects or marks may be placed in the maze at any time.
- Team members may not write in any manner at any time.

MAZE GAME SOLUTION

FINISH

	A	B	C	D	E
7	X	X	X	O	X
6	O	X	X	O	O
5	O	O	O	X	O
4	O	X	O	O	O
3	O	O	X	X	X
2	X	O	O	O	O
1	O	X	X	O	X

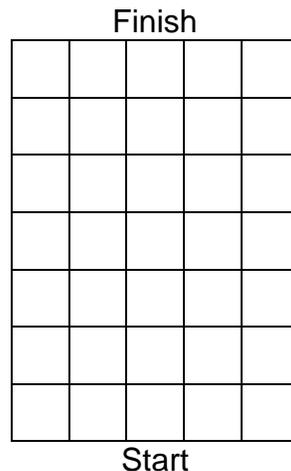
START

MAZE Game Instructions

This is a teamwork game that challenges your ability to organize, function, problem-solve, and adapt as a team.

The game is a maze that your team will have to solve. You are trying to solve the maze in the minimum amount of time.

The maze consists of a grid constructed on the ground with seven rows of 5 columns as shown below. You need to have each member of your team, one at a time, traverse from the start to the finish.



- The team will have 7 minutes to organize and plan prior to the starting of the clock.
- The team shall be responsible for designating a leader to the referee at the outset of the maze exercise.
- A team member must step in only one square at a time.
- A team member may not have two feet in two different squares at the same time.
- A team member may only proceed to an adjacent square. Stepping to a diagonal square is prohibited.
- Some of the squares are legitimate and some are toxic. If a team member steps in a legitimate square, the referee will remain silent. If a team member steps in a toxic square, the referee will say “toxic”.
- If a team member steps in a toxic square they must exit the maze immediately.
- Only one team member may be in the maze at one time.
- If any team member violates a rule (ex. steps in two squares at once) the referee will call the team member in the maze out and they must leave the maze immediately. All rule violations are up to the interpretation of the referee and must be abided.

- Once a team member traverses the maze successfully, they must stay on the finish side of the maze for the duration of the exercise.
- Team members may go in any order, one at a time, except no team member may go twice in succession (unless all other team members have traversed successfully)
- The referee will start the clock and keep running time until the last team member has traversed the maze.
- No objects or marks may be placed in the maze at any time.
- Team members may not write in any manner at any time.

The Maze Game - Coaching Guide

Did the team do the following:

	Yes	No	N/A
1. Team conducted pre-meeting	<input type="checkbox"/>	<input type="checkbox"/>	
2. Team designated a leader	<input type="checkbox"/>	<input type="checkbox"/>	
3. Referee informed of designated leader	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Leader remained the leader throughout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Each team member had defined tasks	<input type="checkbox"/>	<input type="checkbox"/>	
6. Team used more than one person to remember squares.	<input type="checkbox"/>	<input type="checkbox"/>	
7. Team used non-verbal communication	<input type="checkbox"/>	<input type="checkbox"/>	
8. Team made fewer than 3 repeat toxic squares	<input type="checkbox"/>	<input type="checkbox"/>	
9. No one argued with referee	<input type="checkbox"/>	<input type="checkbox"/>	
10. Someone other than the designated leaders helped lead everyone else through the maze.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Team took less than 10 minutes to complete	<input type="checkbox"/>	<input type="checkbox"/>	

- Ask: How did that feel?
- Say aloud: "I would like to spend a few minutes talking about how the team prepared to do the exercise and how the team worked together."

Pick one of the following questions to use to coach your partner based on your observations:

- I noticed that the team used non-verbal communication I think that non-verbal communication is necessary in this kind of exercise. What do you think?
- I noticed that no one used non-verbal communication. I believe that would have been really helpful in this exercise. Can you help me understand why nobody did that?
- Formulate your own observation based on what you saw:
I saw that _____. I think _____. Can you explain?
- Ask: What did you think your team did well?
- Ask: If you had to do this exercise again what should the team do differently?
- Summarize for your partner what you learned from them during the coaching session.